

Ramadan and Summer Membership Promotion:

Become a member at Sheraton Fitness & Spa this Ramadan and summer! Get 30% discount on our membership rates and benefit from complimentary pool day passes and Personal Training sessions.

Our state-of-the-art facilities include: a spacious gym with natural daylight, an area dedicated for ladies, Kinesis studio, steam bath, sauna as well as indoor and outdoor pool.

Rates and Membership Duration:

	1 Month	3 Months	6 Months	12 Months
Single 30% discount on following rates:	150 OMR	300 OMR	550 OMR	1000 OMR
Couple 30% discount on following rates:	300 OMR	500 OMR	850 OMR	1400 OMR
Personal Training (30 mins)*	2 sessions	4 sessions	6 sessions	12 sessions
Pool day passes**	2 day passes	4 day passes	6 day passes	12 day passes
Group classes***	30% discount, except swimming lessons			

Hurry up and visit the Sheraton Fitness & Spa today!
Offer is valid from June 1, 2017 to August 31, 2017.

*Personal Training session has to be booked with our trainers according to their availability.
Sessions can only be consumed during the duration of your membership.
**Pool day passes can be used for the indoor pool, sauna and steam bath, however
children below 12 years are admitted to the outdoor pool only.
*** Prior reservation required.